

Between The Bars

Choreographed : Maryloo (May 10)

Music: **Between The Bars** by **Sharleen Spiteri** (CD: The Movie Song Book [150bpm])

Descriptions: PH count - 4 wall - Intermediate level line dance

The dance begins after 24 counts

Sequence: A-A-B-A-A-B-B-mini A(18 first counts)

Part A: 48 counts

Twinkles, Left & Right

1-3 Cross left over right, step right to right diagonal, step left to left diagonal

4-6 Cross right over left, step left on left diagonal, step right to right diagonal

Weave Right, Left Point, Hold

1-3 Cross left over right, step right to side, cross left behind right

4-6 Step right to side, point left to left side, hold

Point Right & Left, Hold

1-3 Step left in place, touch right toe to right side , hold

4-6 Step right in place, touch left toe to left side , hold

Basic 3/4 Turn Left, Basic Back

1-3 ¼ turn left & step left forward, ½ turn left & step right back, step left together

4-6 Step right back, step left together, step right in place

Basic Forward, Basic Back

1-3 Step left forward, step right together, step left in place

4-6 Step right back, step left together, step right in place

Basic ½ Turn Forward Left, Basic Back

1-3 Step left forward, , turn ½ left & step back on right, step left together

4-6 Step right back, step left together, step right in place

Step, Sweep (X2)

1-3 Step left forward, sweep right from back to front over 2 counts

4-6 Step right forward, sweep left from back to front over 2 counts

Cross, ½ Sweeping Turn Left, Together, Hold

- 1-3 Cross left over right, sweep right from back to front making a ½ turn to left over 2 counts
 4-6 Step right together, hold, hold

Part B: 48 counts

¼ Turn Right & Left Point, Drop L, ¼ Turn Left & Right Point

- 1-3 ¼ turn right & point left to side, hold for 2 counts
 4-6 Step left in place & ¼ turn left, point right to side, hold

Shuffle Back With Holds

- 1-3 Step right back, step left together, hold
 4-6 Step right back, hold for 2 counts

Step Forward, ¼ Turn Left & Right Point, Hold, Recover, Left Point, Hold

- 1-3 Step left forward, ¼ turn left & point right to side, hold
 4-6 Step right in place, point left to side, hold

Full Turn Travelling Left Side

- 1-3 ¼ turn left & step left forward, ¼ turn left & step right to side, step left together
 4-6 ¼ left & right behind, ¼ left & left to side, step right together

Sways (Left, Right)

- 1-3 Step left to side, sway to left over 2 counts
 4-6 Step right to side, sway to right over 2 counts

Sway (Left), Right Coaster

- 1-3 Step left to side, sway to left over 2 counts
 4-6 Step right back, step left next to right, step right forward

Slow Step Turn 1/2 Right

- 1-3 Step left forward, hold for 2 counts
 4-6 Pivot ½ turn right, weight on right & point left behind, hold for 2 counts

¼ Turn & Drop Left, ¾ Sweeping Turn To Left, Right Together

- 1-3 ¼ turn to left & drop left in place, make a ¾ sweeping turn to left over 2 counts
 4-6 Step right together, hold, hold

ENDING (mini A): Make the 18 first counts on the party A with a Unwind (Step right over left, ¾ turn left)